

Unit I

- Definition and functions of packaging.
- Deteriorative reaction in foodstuffs and factors affecting their kinetics.
- Shelf life studies of packaged food stuff. Shelf life testing of packaged foods.
- Migration of contaminants and its testing.
- Metals: Tinplate containers, tinning process, Low tin steels, tin free steel (TFS).
- Can manufacturing, types of cans, seaming.
- Aluminium containers
- Metal corrosion and lacquering.

Unit II

- Paper: pulping, fibrillation and beating, types of papers and their testing methods;
- Glass: composition, properties, types of closures, methods of bottle making;
- Plastics: chemistry and properties, polymerisation. Polymer processing.
- Barrier properties of packaging materials: Theory of permeability, factors affecting permeability, permeability coefficient, gas transmission rate (GTR) and its measurement, water vapour transmission rate (WVTR) and its measurement.
- Laminated plastic materials. Tetrapacks
- Biodegradable packaging, types advantages and disadvantages. Concept of green plastics.
- Edible films and coatings and their application.

Unit III

- New technologies in food packaging: active packaging, intelligent packaging; application and technologies.
- MAP- basic concepts and role of various gases.
- Packaging requirements of fruits and vegetables
- Packaging of fresh and processed meat. Deterioration and colour chemistry of meat and meat products.
- Packaging of dairy products- milk powder, butter, cheese etc.

- Packaging of spices, cereals and cereal based products.
- Packaging of fats and oils and their products.
- Food packaging regulations and labelling. Temper evident packages.
- **Unit IV (Practical)**
- Identification of films
- Determination of WVTR of packages
- Determination of shelflife of packaged foods
- Determination of chemical resistance of packages
- Porosity of tinfoil
- Shrink and vacuum packaging of different foods
- Industrial visits to demonstrate aseptic packaging, ffs machinery, filling operations, tests for determination of mechanical properties etc.

References:

1. Food Packaging Principles by Gordon Robertson. .
2. Handbook of Food Packaging by Paine and Paine.
3. Food Packaging- Science & Technology by Lee
4. Innovations in Food Packaging by Jung M. Han.
5. Principles of Food Packaging by Saccharow and Griffin.
6. Food Packaging by Takashi Kadoya
7. Food and Packaging Materials Interactions by Paul Acherman
8. Environmentally Compatible Food Packaging by Emo Chiellini
9. Innovations in Food Packaging by Jung H. Han.

NEUTRACEUTICALS AND FUNCTIONAL FOODS (3+1+0)

Unit – I

- Introduction - Definition, Classification of nutraceutical factors. Food and non food sources. Mechanism of action.
- Nutraceutical factors in specific foods.
- Introduction to diseases of developed world- diabetes, obesity, hypertension
- Dietary fibre – Types, Effects of fibre deficient diets
- Physical and physiological properties of dietary fiber
- Hypocholesterolemic, hypolipidemic and hypoglycemic effects. Role in prevention of CHD and cancer.
- Beta- glucan- Chemical features and health benefits

Unit – II

- Probiotics- definition, criteria for selection of probiotic microorganisms.
- Common probiotic products, yoghurt, kefir and ice-cream.
- Health benefits of probiotics-immune modulation and cancer prevention
- Prebiotics – Importantant prebiotic molecules and their beneficial effects.
- Concept of synbiotics.
- Fatty acid as functional food- Mono and poly-unsaturated fatty acids
- Omega 3 fatty acids- introduction, nomenclature & sources.
- Eicosanoid metabolism of fatty acids and its implications in human health
- Biological and functional effects. Omega 3 fatty acids and insulin resistance.
- Olive oil and its health benefits.

Unit – III

- Phytochemicals and Antioxidants – Introduction, therapeutic properties of some common plants.
- Free radicals and oxidative stress
- Biosynthesis of common phytochemicals-Shikmic acid and mavalonic acid pathway
- Role of ascorbic acid, flavonoids, Tocopherols, Carotenoids, capsaicinoids, lycopeneb as disease prevention agents.
- Garlic-composition and its therapeutic effects

- Tea and its health benefits
- Soybean as a functional food.

Unit – IV (Tutorials)

- Proteins as functional foods
- Vitamins and minerals as functional ingredients
- Extraction of nutraceuticals
- Stability of nutraceuticals factors during processing and digestion
- Testing efficacy of functional foods
- Marketing of functional foods.
- Legislative aspects of functional foods.

References:

1. Functional Foods by Goldberg.
2. Handbook of Nutraceuticals and Functional Foods by Wildman.
3. Functional Foods: principles and technology by Mingruo Guo.
4. Chemical and Functional Properties of Food Components by Zdzislaw E. Sikorski.
5. Technology of Functional Cereal Products by Bruce R. Hamaker.
6. Functional Foods: Biochemical and Processing Aspects by John Shi, G. Mazza, Marc Le Maguer, CRC Press

FLAVOR TECHNOLOGY (2+0+0)

Unit-1

- **Introduction:** Definition & classification of food flavors. Factors affecting food flavors.
- **Flavor compounds of foods:** Terpenoids, flavonoids and sulfur compounds
- **Taste substances & Nonspecific saporous sensations:** Sweet, bitter, sour, salty, astringency, pungency and cooling.
- **Flavor precursors in food stuffs**

Unit-11

- **Spice flavors:** Essential oils and oleoresins.
- **Flavor composition of foods:** beer, honey, wine & fermented dairy products, Vanilla, garlic, onion & cruciferae.
- **Off flavor development in foods:** Thermally produced, enzymatic reactions & microbial by-products.
- **Flavor encapsulation & stabilization:** Principles, types & techniques of flavor encapsulation & their applications in food industry.

References:

- Food Flavor Technology. Andrew J. Taylor.
- Food Flavors: Formation, Analysis, & packaging influences. E. T. Contis, C. T. Ho, C. J. Mussinan, T. H. Parliament, F. Shahidi & Spanier.
- Encapsulation Technology for active food ingredients & food Products. Nicolass Jan Zuidam, Viktor A. Nedovic.
- Food flavours. I. D. Morton & A. J. Macleod.
- Food Chemistry. Owen R. Fennema.
- Bitterness in foods and beverages. Russel L. Rouseff.
- Chemistry of Foods & Beverages: Recent Developments. George Charalambous & Ira Katz. Phenolic, George Charalambous & George Inglet.
- Food Additives. S. N. Mahindru.

NOVEL TECHNIQUES IN FOOD PROCESSING (2+0+0)

Unit – I

Emerging Techniques in Food Processing: Application of technologies of high intensity light, pulse electric field, ohmic heating, micronization in food processing and preservation, Applications of Magnetic Field in Food Preservation

High Pressure Processing of Foods: Concept of high pressure processing, quality changes, effects of pressure on microorganisms and its application in food processing.

Unit – II

Ultrasonic in Food Processing: Properties and generation of ultrasonic, ultrasonic imaging, application of ultrasonics as an analytical tool and processing techniques

Supercritical Fluid Extraction: Property of near critical fluids (NCF), solubility and efficiency of NCF extraction, equipment and experimental techniques used in NCF extraction and industrial application.

Encapsulation, Stabilization, and Controlled Release of Food Ingredients and Bioactives

Nanotechnology: Principles, mechanism and applications in foods

References:

1. New Methods of Food Preservation by G. W Gould, 2012; *Springer*
2. Introduction to Food Engineering by R. P Singh and Dennis R Heldman, 1983; *Academic press Elsevier*
3. Food processing technology: *Principles and practice* by P.J Fellows, 2009; *CRC Press*
4. Handbook of Food Preservation by M. Shafiur Rahman, 1999 ; *CRC Press*
5. Engineering Properties of Foods, Third Edition (Food Science and Technology) by M. A. Rao, Syed S.H. Rizvi, Ashim K. Datta ,2010 ; *CRC Press*
6. Food Physics: Physical properties- Measurement and applications by L.O.Figura and A.A.Teixeira 2007; *Springer*

PGFT17DE404

PROJECT WORK (0+0+4)

FOOD PLANT DESIGN: FRUITS AND VEGETABLES BASED (1+1+0)

Unit I

- Scope of fruit/vegetable processing in J&K.
- Problems of fruit processing in J&K.
- Selection of site for fruit processing plant.
- Layout for a fruit processing plant.
- Building requirements for a fruit processing plant.
- Plant and machinery requirements for fruit processing.
- Water quality requirements for fruit processing.
- Environmental considerations, waste disposal and byproduct utilization.
- Financial requirements for setting up a fruit processing plant
- Techniques of financial analysis-Break-even analysis, Payback period.

Unit II

Project formulation for a fruit/vegetable processing plant.

Students will be required to formulate a detailed project report for setting up a fruit/vegetable based processing plant. It may involve manufacture of products like juices, concentrates, jams, jellies, dehydrated products, canned products etc.

Project report should cover all the important areas like feasibility of location, land requirements, design of building, plant machinery, environmental issues, licensing, financial requirements, sources of finance and financial feasibility analysis.

References:

1. Industrial Engineering and Managementn by O. P. Khanna.
2. Institutional Food Management by Mohini Sethi
3. Food Plant Sanitation by Michael M. Cramer

FOOD PLANT DESIGN: CEREAL BASED (1+1+0)

Unit I

- Scope of cereal processing in J&K.
- Problems of cereal based processing plants in J&K.
- Selection of site for cereal based processing plant.
- Layout for a cereal processing plant.
- Building requirements for a cereal based processing plant.
- Plant and machinery requirements for cereal processing.
- Environmental considerations, waste disposal and byproduct utilization.
- Financial requirements for setting up a cereal processing plant
- Techniques of financial analysis-Break-even analysis, Payback period.

Unit II

Project formulation for a cereal based processing plant.

Students will be required to formulate a detailed project report for setting up a cereal based processing plant. It may involve manufacture of products like bread, cookies, cakes, muffins etc.

Project report should cover all the important areas like feasibility of location, land requirements, design of building, plant machinery, environmental issues, licensing, financial requirements, sources of finance and financial feasibility analysis.

References:

1. Industrial Engineering and Managementn by O. P. Khanna.
2. Institutional Food Management by Mohini Sethi
3. Food Plant Sanitation by Michael M. Cramer

FOOD PLANT DESIGN: DAIRY BASED (1+1+0)

Unit I

- Scope of milk processing in J&K.
- Problems of milk processing in J&K.
- Selection of site for milk processing plant.
- Layout for a milk processing plant.
- Building requirements for a milk processing plant.
- Plant and machinery requirements for milk processing.
- Water quality requirements for milk processing.
- Environmental considerations, waste disposal and byproduct utilization.
- Financial requirements for setting up a milk processing plant
- Techniques of financial analysis-Break-even analysis, Payback period.

Unit II

Project formulation for a milk processing plant.

Students will be required to formulate a detailed project report for setting up milk based processing plant. It may involve manufacture of products like dhahi, cheese, butter; processing and packaging of fluid milk, etc.

Project report should cover all the important areas like feasibility of location, land requirements, design of building, plant machinery, environmental issues, licensing, financial requirements, sources of finance and financial feasibility analysis.

References:

1. Industrial Engineering and Managementn by O. P. Khanna.
2. Institutional Food Management by Mohini Sethi
3. Food Plant Sanitation by Michael M. Cramer

FOOD PLANT DESIGN: MEAT BASED (1+1+0)

Unit I

- Scope of meat processing in J&K.
- Problems of meat processing in J&K.
- Selection of site for meat processing plant.
- Layout for a meat processing plant.
- Building requirements for a meat processing plant.
- Plant and machinery requirements for meat processing.
- Water quality requirements for meat processing.
- Environmental considerations, waste disposal and byproduct utilization.
- Financial requirements for setting up a meat processing plant
- Techniques of financial analysis-Break-even analysis, Payback period.

Unit II

Project formulation for a meat processing plant.

Students will be required to formulate a detailed project report for setting up meat based processing plant. It may involve manufacture of traditional meat products like Rista, Goshtaba and their canning etc.

Project report should cover all the important areas like feasibility of location, land requirements, design of building, plant machinery, environmental issues, licensing, financial requirements, sources of finance and financial feasibility analysis.

References:

1. Industrial Engineering and Managementn by O. P. Khanna.
2. Institutional Food Management by Mohini Sethi
3. Food Plant Sanitation by Michael M. Cramer

PRINCIPLES OF FOOD PROCESSING (4+0+0)

Unit – I

Food production – Production of important food grains, fruits, vegetables, pulses & animal products in India, consumption trend in India.

Status of Indian food industry – Exports scenario of fruits, vegetables, spices, meat and their processed products.

Scope and importance of food processing– Driving forces for food industry and constraints, challenges to food security, impact of WTO on food scenario, national and international perspective. Approaches to combat world hunger

Causes of food spoilage - Principles and methods of preservation.

Unit–II

- **Thermal Processing** – Canning, Sterilization, Pasteurization.
- **Dehydration**– Water activity, types of dryers, effect of dehydration on food quality. Freeze drying. Intermediate moisture foods.
- **Fermentation**– Types, nutritional importance of fermented foods.
- **Preservation by chemicals** – Benzoate, sorbate, propionate, sulphur dioxide, anti oxidants,
- **Hurdle Technology**

Unit – III

- **Irradiation**– Mechanism, dosimetry, equipment, effect of irradiation on micro-organisms, and food. Safety and wholesomeness of irradiated foods.
- **Aseptic processing**– Equipment, characteristics, HTST and UHT processing, Extrusion.
- **Membrane processing**– Advantages, types of membranes, equipments, applications and effect on foods.
- **Minimally processed foods**– Preservation and packaging of minimally processed foods.
- **Microwave processing**– Electro magnetic spectrum, difference between microwave and infrared energy, dielectric constant, relaxation time, equipment and applications.

Unit – IV

- **Refrigeration and frozen storage**- Components of refrigerator, freezing curves, equipment, freezing and chilling injuries.

- **Controlled atmospheric storage** – Principle, design considerations, effects of CA storage on food quality.
- **Modified atmospheric storage** - Gas storage, hypobaric storage.

References:

1. Food Processing Technology by P. Fellows.
2. The Technology of Food Preservation by Desrosier.
3. Food Science by N.N. Potter.
4. Introduction to Food Science and Technology by Stewart.
5. Handbook of Food Preservation by M. Shafiur Rahman.

EXPERIMENTAL FOOD BIOCHEMISTRY (PRACTICAL) (0+0+2)

1. Preparation and standardization of solution.
2. Proximate analysis of foods:
 - Estimation of moisture by oven drying and IR-Moisture Analyser
 - Estimation of Crude protein by Micro-Kjddhal and Lawry's method
 - Crude fat, Crude fiber and Ash
3. Qualitative tests for Carbohydrates
4. Estimation of sugars by phenol sulphuric acid method.
5. Determination of Browning Index
6. Protein separation and characterization using SDS-PAGE electrophoresis
7. Smoke, Flash and Fire points of oils and fats
8. Determination of free fatty acids
9. Peroxide value and TBA for measuring lipid oxidation
10. Assessment of protein functional properties
11. Determination of amylose and amylopectin in foods.
12. Estimation of Total phenolic content
13. Estimation of myoglobin
14. Estimation of Total carotenoids

References:-

1. Handbook of Analysis and Quality Control for Fruit and Vegetable products by Ranganna.
2. Food Analysis by S. Suzanne Nielsen
3. Chemical Analysis of Foods and Food Products by Jacobs, Morris B

FOOD BIOTECHNOLOGY (4+0+0)

Unit I:

- Introduction to Food Biotechnology.
- Food Biotechnology & World Feeding problems
- Nucleic Acids: Structure & function, concept of gene.
- Introduction to Genetic Engineering, Recombinant DNA technology, Gene Cloning, Vectors, Ti Plasmid.
- SCP: Sources, Nutritional Value, substrate Requirement, Production.

Unit II

- G.M Foods: Advantages, safety Evaluation, Allergenicity, Public attitudes, G.M. Crops: Bt Corn, Bt Brinjal & Golden Rice.
- Antisense RNA & Gene Silencing: An approach To Food manipulation.
- Genetic Manipulation of fruit Ripening & fruit softening.
- Ethylene Biosynthesis.
- Use of Enzymes in Food Industry (Lipases, Amylase, Proteases, transglutaminase, pectinase, oxidases).
- Immobilized Enzymes: Methods & Benefits.

Unit III

- Bioclours: Technology of Production, sources (Microbial & plant) and applications.
- Flavours: Current approaches for bio production of flavours.
- Production & Harvesting of Baker's Yeast.
- Production and application of pullulans and alginates.
- Oil seed engineering: New approaches to increase oil yields.

Unit IV

- Bio preservatives: Classification and mode of action.
- Biosensors: basic components, principle and properties, classification, Merits and demerits, application in food industry.
- Waste utilization: production of fats, essential oils, pectin, starch, animal feed.
- Strategies for biotechnology of waste utilization.

References:

1. Joshi, V. K. and Sing., R.K. Food Biotechnology principles & Practises.
2. Buchanan, Jones, G. Biochemistry and molecular biology of plants. I.K. International Pvt. Ltd.
3. Adrian, S., Nigel W. S., Mark, R.F. Plant Biotechnology: The genetic manipulation of plants. Second Edition, Oxford University Press.

FOOD ADDITIVES (2+0+0)

UNIT -I

- Definition and classification of additives.
- Antioxidants: General function, classification and toxicological aspects.
- Antimicrobial, chemical & toxicological properties of common preservatives- Benzoic acid, Sulfur dioxide, Propionic acid, Sorbic acid
- Acidulants- General functions, Classification, General application in foods.

UNIT -II

- Common flavouring components & their botanical source
- Classification of flavours, bio-production of flavours.
- Natural and synthetic colorants used in foods
- Artificial sweeteners used in foods

References:

1. Food Biotechnology principles and practices by V.K. Joshi and R.S. Singh
2. Food Additive Toxicology by Joseph A. Maga and Anthony T. Tu
3. Food chemical safety; Volume 2: Additives by David H Watson
4. Food Additives by A. Larry Branen, P. Michael Davidson and Seppo Salminen

UNIT –I

- **Plantation Crops:** Definition and role of plantation crops in national economy and export potential.
- **Spices:** Definition, classification and functions. Quality specifications for spices.
- **Major & minor spices of India:** Chemical composition, processing, uses and special attributes of different spices like saffron, chillies, cumin, coriander, turmeric, fennel, fenugreek, pepper, cinnamon, cloves, ginger, mint and cardamom.
- **Extractives of spices:** oleoresins and essential oils. Simple seasoning blends.

UNIT II

- **Tea:** Composition and processing of tea. Tea products such as tea concentrate, decaffeinated tea and flavoured tea. *Kashmiri kehwa*.
- **Coffee:** Chemical composition, processing, roasting and brewing of coffee. Coffee products such as decaffeinated coffee and instant coffee.
- **Cocoa:** Chemical composition, processing of cocoa and cocoa beverages.

References

- Chakraverty et al. Handbook of Postharvest Technology. Marcel Ceker
- Purseglove, J. W. *et al* (1998). Spices ‘Vol. I and II. Logman publishers.
- Peter, K. V. (2004). Handbook of Herbs and Spices Vol. I and II. Woodhead Publishing Limited, Cambridge, England.
- Raghavan, S. (2007). Handbook of Spices, Seasonings and Flavourings. CRC Press (Taylor and Francis Group).
- Voilley, A. & Etivant, P. (2003). Flavour in Food. Woodhead Publishing Limited, Cambridge, England.
- Ho, C-T., Lin, J-K., & Shahidi, F. (2009). Tea and Tea products. CRC Press (Taylor and Francis Group).
- S.K Chadha & P. Rethinam. Advances in Horticulture- Plantation and spice crops. Malhotra Publishing House, New Delhi (9th & 10th Ed.)

PGFT17GE410

FERMENTATION TECHNOLOGY (2+0+0)

Unit I

- Introduction to fermentation processes-Biomass, enzymes & metabolite production.
- Process components: Batch, Continuous & Fed batch cultures.
- Fermentation Media: Formulation, Carbon & Nitrogen sources, Oxygen requirements, antifoams & sterilization.

Unit II

- Bioreactors: Basic function, Design, Operation, Aeration, Agitation and sterilization.
- Types of Fermentation: Solid substrate & submerged Fermentation, Continuous & batch Fermentation, homo & hetero Fermentation.
- Enzyme immobilization: Methods & Advantages.
- Down Stream Processing.

References:

1. Fermented Foods of the world. (A Dictionary & Guide) –by Geoffrey Champbell, Platt, Butterworths, London.
2. Industrial Microbiology by Brinton M miller & Warren Litsky. MGH.
3. Pickle & Sauce Making, Binsted, Devey & Dakin (2nd edn), Food Trade Press Ltd, London

Unit – I

- Status of Indian food industry– Exports scenario of fruits, vegetables, spices, and their processed products
- Causes of food spoilage.
- Thermal Processing – Canning, Sterilization, Pasteurization, Aseptic processing.
- Preservation by low temperature- Refrigeration and Freezing

Unit–II

- Concept of water activity; Intermediate moisture foods.
- Fermentation– Types, nutritional importance of fermented foods.
- Hurdle Technology
- Controlled atmospheric storage – Principle, design considerations, effects of CA storage on food quality.

References:

1. Food Processing Technology by P. Fellows.
2. The Technology of Food Preservation by Desrosier.
3. Food Science by N.N. Potter.
4. Introduction to Food Science and Technology by Stewart.

Unit I

- Horticulture maturity indices of tree nuts (Almonds, Pistachios, Pecans, Hazelnuts, Walnuts, Chestnuts)
- Harvesting & Post harvest handling operations of the tree nuts (Almonds, Pistachios, Pecans, Hazelnuts, Walnuts, Chestnuts)
- Packaging and Storage of tree nuts
- Chemical composition of tree nuts
- Quarantine issues in tree nuts

Unit II

- Quality standards of in shell and shelled tree nuts
- Nutritional and Nutraceutical factors in tree nuts and their importance in human health.
- Aflatoxins in tree nuts and their health hazards and control
- Flavors and volatile components of tree nut

References:

1. Tree nuts; Production, Processing, Products Vol.1 & 2 by J.G. Woodroof.
2. The book of edible nuts by Frederic Rosengarten, Jr.
3. Tree nuts; Composition, phytochemicals and health effects edited by Cesaretti Alasalvar & Fereidoon Shahidi

Unit I

- Cell and its structure with special reference to plant cell.

Unit I

- Introduction to post harvest physiology of fruits and vegetables.
- Classification of fruits based on post harvest considerations.
- Respiration, RQ, alternate (cynide resistant respiration) respiration. Factors affecting respiration.
- Fruit maturity and ripening; Maturity indices.
- Ethylene biosynthesis, regulation and mode of action. Factors affecting ethylene production.
- Changes in colour: chlorophyll, carotenoids, anthocyanin and phenolic compounds.
- Water loss during fruit storage, factors affecting water loss, control of water loss.
- Storage atmospheres,; CA Storage, MA Storage, Hypobaric Storage.
- Fruit flavour and volatile metabolism; flavour components; biochemical pathways that produce flavour components.

Unit II

- Cell wall associated enzymes: polygalactouranase, Rhamnogalactouranase, pectin methyl esterase, Beta- galactosidase etc. Their role in textural change
- Polyphenol oxidases, lipoxygenase.
- Post harvest disorders in fruits and vegetables; mealiness, chilling injury etc.
- Role of minerals in post harvest storage life of fruits and vegetables with special reference to Ca, Mg, Zn, Mo & Co.
- Management of post harvest processes and its importance to reduce post harvest losses: temperature management, atmospheric control and genetic control.

FT17207 GE-INTRODUCTORY LIPID TECHNOLOGY (2+0+0)

UNIT 1

Introduction

- Nomenclature of saturated and unsaturated fatty acids
- Common sources of vegetable oils and their oil content
- Chemical characterization of fats and oils.
- Properties of common oils-Soybean, peanut, Corn, Sunflower, safflower, Canola, Olive, Coconut, palm oil.
- Common tests for quality control of oils

UNIT II

Processing of oils

- Extraction and rendering- Physical and chemical refining
- Bleaching, Hydrogenation
- Interesterification, Winterization
- Dewaxing, Fractionation
- Exterfication, Blending, Deodorization
- Storage and protection of oils

Books Recommended

1. Food Lipids: Chemistry nutrition and biotechnology by Casimer C. Akoh and David B. Min
2. Fats and oils by Richard D-O' Brien
3. Food Chemistry by Fenimma
4. Bailey's industrial oil and fat products by Fereidoon Shahidi

UNIT-I

- Sources of meat, Ante-mortem handling and inspection of meat animals.
- Meat and human nutrition
- Slaughtering and processing equipment: Plant location and facilities; stunning methods; sticking/bleeding; dressing methods; offal inspection and processing.
- Structure and functions of living muscle: Microstructure, contraction mechanism, muscle metabolism.
- Postmortem changes in muscle: Biochemical alterations, physical alterations-rigor mortis; shortening; unusual patterns of postmortem metabolism. Factors affecting post mortem changes in meat.

UNIT-II

- Meat quality parameters: Colour, WHC, flavour, tenderness and texture.
- Microbial deterioration of meat: sources of microbial contamination, deteriorative changes, identification of meat spoilage.
- Principles of various preservation techniques: Refrigeration, freezing, curing, smoking, canning, dehydration and irradiation of meat.
- Traditional meat products of J&K.

References:

1. Lawre. R. A. & Ledward, D. A. (2006). Lawres Meat Science 7th Ed. Woodhead Publishing Company, Cambridge, England (U.K.)
2. Pearson, A. M., & Gillet, T. A., (1996). Processed Meats. Springer Publishing (3rd Ed.).
3. J. F. Gracey, David S. Collins & Robert J. Huey (2009). Meat Hygiene. Elsevier Publishing (10th Ed.).
4. Hui, Y. H., & Nip, W-Q. (2001). Meat Science and Applications. CRC Press (Taylor and Francis Group).
5. Forest, J. C., Abesle, E.D., Hedrele, H.B., Judge, M.D., Merkle, R.A. (2006). Principles of Meat Science. Academic Press, New York.
6. Thornton, H. (). Textbook of Meat Hygiene. Harcourt Publishers 6th Ed.

UNIT-I

- Postharvest disease initiation: The pathogens, origin of pathogens. Spore germination and Pathogen penetration into the host
- Main pathogens of harvested fruits & vegetables
- Mycotoxins: occurrence, types of mycotoxins, Methods of prevention of mycotoxins.
- Factors affecting disease development: preharvest factors, harvesting and handling, inoculum level.

UNIT-II

- Attack mechanisms of the pathogen: Enzymatic activity, toxin production, detoxification of host defense compounds by pathogens.
- Physiological & Biochemical changes following infection
 - a) Changes in fruit respiration & ethylene evolution
 - b) Pectolytic activity & its source in infected tissue
 - c) Fruit softening & changes in pectic compounds
 - d) Changes in Biochemical constituents of infected tissue
- Means for maintaining host resistance

Reference:

1. Pathak V.N. 1970. Diseases of fruit crops & their control IBH publication New Delhi.
2. Barkai Golan; Postharvest diseases of fruits and vegetables: development and control. Elsevier science: first Indian reprint 2005.

PHYTOCHEMICALS AND FOODS (2+0+0)

Unit – I

- Phytochemicals and Antioxidants – Introduction
- Free radicals and oxidative stress
- Biosynthesis of common phytochemicals-Shikmic acid and mavalonic acid pathway
- Chemistry, sources and health benefits of:
Flavonoids, Carotenoids, Ascorbic acid, Lycopene, Capsaicinoids

Unit – II

- Phytochemicals and cancer
- Role of Phytochemicals in prevention of cardio-vascular diseases
- Phytochemicals in bone health
- Phytoestrogens
- Stability of Phytochemicals during food processing and storage

References:

1. Phytochemical Functional Foods by Ian Johnson and Gary Williamson
2. Handbook of Nutraceuticals and Functional Foods by Wildman.
3. Functional Foods: principles and technology by Mingruo Guo.
4. Chemical and Functional Properties of Food Components by Zdzislaw E. Sikorski.

FOOD TOXICOLOGY (2+0+0)

Unit – I

- Introduction, history and scope of toxicology
- Basic concepts of toxicology- Dose effect and response, dose response relationship, statistical concept of toxicity
- Toxicity testing; Toxicological testing methods
- Manifestation of organ toxicity.
- Carcinogenesis, mutagenesis and teratogenesis.
- Biotransformation reactions- Phase I and Phase II reactions

- **Unit – II**

- Naturally occurring toxins in foods – occurrence and denaturation.
- Food additives, general principles for use, safety assessment; Types of food additives and their toxic effect. Food colors, Sweeteners, Antioxidants, Acidulants, Flavoring agents, Antimicrobial agents
- Heavy metals, radio nucleotides and industrial contaminants; Food packaging contaminants.
- Toxins produced during processing.
- Residues in animal and plant products
- Poisonous forms of mushrooms

References:

1. Handbook of Food Toxicology by S.S. Deshpande
2. Food Additives Toxicology by Joseph A. Maga.
3. Food Toxicology by Carl K. Winter
4. Food and Nutritional Toxicology by Stanley T. Omaye

Unit-I (Tutorial)

- Processing of market milk- standardization, toning of milk, homogenization.
- Storage, transportation and distribution of milk. Pasteurization and sterilization.
- Milk products- Processing of cream, butter, cheese, ice cream.
- Sources of meat, composition and nutritive value of meat.
- Conversion of muscle to meat. Factors affecting post mortem changes in meat.
- Properties and shelf life of meat.
- Eating quality of meat – colour, flavor, tenderness, juiciness and water holding capacity.
- Meat quality evaluation
- Preservation of meat by freezing, curing, pickling and smoking of meat.

Unit-II (Practical)

- Quantative estimation of milk constituents such as moisture, %TS, fat.
- Determination of acidity and specific gravity of milk.
- Platform tests on given sample of milk.
- Standardization of milk.
- Detection of adulterants in milk- water, starch, urea.
- Preparation of common milk products like flavoured milk, yoghurt, ice cream.
- To study slaughtering and dressing of meat animals.
- Evaluation of meat quality.
- Preparation of various meat products such as: Meat pickle
- Preparation and evaluation of traditional meat products.
- Determination of meat to bone ratio in Chicken
- Visit to local milk processing plant.

References:

1. Outlines of Dairy Technology by S. K. De
2. Chemistry and Testing of Dairy products by H.V. Atherton & J.A. Newlander
3. Milk and dairy Product Technology by Edger Spreer.
4. Dairy Chemistry by H.H. Sommer
5. Lawre. R. A. & Ledward, D. A. (2006). Lawres Meat Science 7th Ed. Woodhead Publishing Company, Cambridge, England.
6. Throntons Meat Hygiene.
7. Principles of Meat Science by Forest.
8. Developments in Meat Science by Lawrie.
9. Processed Meats by Pearsons.

SMALL SCALE PROCESSING OF FRUITS, VEGETABLES & CEREALS (0+1+1)

Unit-I (Tutorial)

- Production Facilities
- 1. Site
- 2. Building
- 3. Processing equipments
- 4. Services
- 5. Sanitation

Unit-II (Practical)

1. Preparation of squashes, Crush, Juices
2. Preparation of Jam, Candy
3. Preparation of Pickle
4. Preparation of Tomato Ketchup
5. Preparation of Bread
6. Preparation of Cakes
7. Preparation of Cookies

References:

1. Preservation of fruits & Vegetables by Siddappa et al 1999. ICAR, New Delhi
2. Preservation of Fruits & Vegetables by Srivastava & Kumar, 1996. Intl. Book publishing Co. Lucknow
3. Small Scale Fruit & Vegetable Processing & Products (Production methods, Equipment Assurance Practices) UNIDO Technology Manual.
4. Stanley P. Cauvain & Lindas S. Young. Baked Products. Blackwill Publishing.
5. Stanley P. Cauvain & Lindas S. Young. The Chorleywood Bread Process. CRC Publications.
6. Bakery Technology & Engineering by Samueal A. Matz.

UNIT I

- Historical milestones in Indian agriculture, contribution of Indian agriculture to the economic development of the country.
- Agricultural productivity trends in India and their sustainability issues.
- Global perspectives of food security, WTO and its impact on food security,
- Postharvest losses in agricultural produce, scenario of food processing industries in India- Challenges and Opportunities
- Postharvest management of food as tool for food and nutritional security.
- Food processing and its role in economy.

UNIT II (Tutorials)

- Trends in the production of animal based products- milk, meat, egg, poultry, fish
- Climate change and food security
- Shifts in production towards non-food crops and resultant utilization of food crops for non food purpose
- Green revolution a cause for shifting consumption pattern and its after effects
- Public distribution system a key to achieve food security in India.
- National food security act, 2013.

References:

Food Security in the Developing World by John Ashley

Times of India, Review of Indian Agriculture

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FOOD SAFETY (1+1+0)

Unit – I

- Definition of food safety and importance of safe food
- Hazards and types of hazards
- Physical and Chemical hazards- Sources harmful effects and management
- Naturally occurring toxicants in foods, Process induced food toxicants, Safety aspects of food additives
- Biological hazards, food borne illnesses
- Toxicants of fungal and bacterial origin
- Food adulteration, common food adulterants; Methods to detect food adulteration

Unit – II (Tutorial)

- Food safety and Quality management system; HACCP
- Food Safety and Standards Act 2006 and regulation 2011.
- Registration and Licensing
- Packaging and labeling
- Nutrition and Health Claims
- Zoonotic diseases. Eg Bird flu, Swine flu
- Genetically modified food- safety aspects

References:

1. Food Safety & standards Act 2006, Commercial law Publishers (India) Pvt. Ltd
2. Food Science by Norman N.Potter
3. Food Safety Handbook by Rouland H. Schmidt

Course Code: FT15301CR

Course Name: CEREAL, LEGUME AND OIL SEED TECHNOLOGY (4+0+0)

Unit – I (Wheat Chemistry and Technology)

- Current status and future scenario of world wheat production and uses.
- Structure and chemical composition of wheat grain and its relation to processing qualities.
- Criteria of wheat quality – physical and chemical. Molecular basis of wheat grain hardness/softness.
- Wheat milling – principle, conditioning and milling systems. Flour streams, extraction rates and their composition.
- Structure and functionality of wheat proteins, carbohydrates and lipids in bread making.
- Enzymes of wheat and their technological significance.
- Vital wheat gluten – manufacturing techniques, uses and functionality.
- Dough rheology and dough testing apparatus such as recording dough mixers, load extension meter.
- Bread making processes, development in bread making methods, functions of ingredients/ additives such as fat, emulsifiers, oxidants, reducing agents, conditioners. Bread faults and remedies.
- Technology of biscuit, cake, cookies and cracker manufacture.
- Durum wheat – chemistry, quality and technology of pasta products.

Unit – II (Rice Chemistry and Technology)

- Rice grain structure and chemical composition.
- Milling of rice – types of rice mill: huller mill, sheller-cum-huller mill, sheller-cum-cone polisher mill, small capacity rice mill. Modern rice milling. Factors affecting rice yield during milling. By-products of rice milling and their utilization.
- Cooking quality of rice.
- Parboiling of rice – traditional method and their drawbacks. CFTRI process of parboiling. Properties of parboiled rice. Changes during parboiling. Advantages and disadvantages of parboiling.
- Rice convenience foods – precooked rice, canned rice, expanded rice, rice based infant food formulas, rice puddings and breads, rice cakes, rice noodles and fermented foods.

Unit – III (Minor Cereal Grains)

- Composition and structure of corn.
- Wet and dry milling of corn. Corn products and their uses.
- Composition and structure of barley and oat. Milling of oat and barley. Classification of malt products, nutritive value and food applications of malt.
- Chemical, technological and nutritional aspects of sorghum and millets.

Unit IV (Oil seed and Legume processing)

- Types of oil seeds and their chemical composition.
- Oil extraction – Mechanical and solvent extraction.
- Refining of crude oils.
- Processing of oil seeds for protein concentrates and isolates.
- Margarine manufacturing processing and its uses.
- Structure and composition of pulses, their importance in Indian diet.
- Dhal milling and processing of pulses.
- Fermented and traditional products.

References:

1. Pomeranz, Y. (1998). *Wheat: Chemistry and Technology*, Vol. I 3rd Ed., American Association of Cereal Chemists, St. Paul, MN, USA.
2. Juliano, B. O. (1985). *Rice Chemistry and Technology*, American Association of Cereal Chemists, St. Paul, MN, USA.
3. Samuel, A.M. (1996). *The Chemistry and Technology of Cereal as Food and Feed*. CBS Publishers & Distribution, New Delhi.
4. Dandy, D. A. V & Dobraszczyk, B. J. (2001) *Cereal and Cereal Products: Chemistry and Technology*, Aspen Publishers.
5. Kent, N. L. & Evers, A. D. (1994) *Kent's Technology of cereals* 4th Ed. Elsevier science Ltd. Oxford, U. K.

PROCESSING OF FOODS OF PLANT ORIGIN (PRACTICAL) (0+0+4)

Part I (Cereals)

1. Physico-chemical testing of wheat and rice.
2. Experimental milling of wheat and rice. Assessment of per cent of head rice, broken, immature kernels and degree of polish in rice.
3. Determination of quality characteristics of flours.
4. Experimental parboiling and evaluation of quality of parboiled rice.
5. Evaluation of cooking quality of rice.
6. Rheological properties of dough using Farinograph/ Extensograph/Mixograph.
7. Pasting properties of starches using Visco-amylograph/RVA.
8. Experimental baking of bread, cake and biscuit and their evaluation,
9. Experimental extrusion cooking and quality evaluation of extrudates.
10. Solvent extraction of oil seeds.
11. Quality evaluation of oils.
12. Visit to wheat and rice processing plants.
13. Determination of yeast activity
14. Preparation of protein isolates from legumes and evaluation of cooking quality of legumes.

Part II (Fruits and Vegetables)

1. Quality Evaluation of Fruits & Vegetables (TSS, Color, Acidity, Texture etc.)
2. Canning of fruits & vegetables.
3. Testing of can, cut out analysis
4. Preparation and analysis of syrups and Brines.
5. Experimental dehydration of fruits and vegetables (Dehydration and rehydration ratio)
6. Preparation and preservation of juices.
7. Preparation and preservation of squashes and RTS.
8. Preparation and preservation of Jam, Jellies and marmalades.
9. Preparation and preservation of pickle and vinegar.
10. Preparation of tomato ketchup and sauce.
11. Visit to a fruit and vegetable processing industry.

References:

1. Handbook of Analysis and Quality Control of Fruit and Vegetable Products S. Ranganna
2. Preservation of fruits & Vegetables by Siddappa et al 1999. ICAR, New Delhi
3. Pomeranz, Y. (1998). *Wheat: Chemistry and Technology*, Vol. I 3rd Ed., American Association of Cereal Chemists, St. Paul, MN, USA.
4. Juliano, B. O. (1985). *Rice Chemistry and Technology*, American Association of Cereal Chemists, St. Paul, MN, USA.
5. Stanley P. Cauvain & Lindsay S. Young. Baked Products. Blackwell Publishing.
6. Stanley P. Cauvain & Lindsay S. Young. The Chorleywood Bread Process. CRC Publications.
7. Bakery Technology & Engineering by Samuel A. Matz.
8. Manual of American Association of Cereal Chemists
9. Manual of AOAC, 1990

PROCESSING OF ANIMAL BASED FOODS (PRACTICAL) (0+0+4)

1. Survey of meat and fish products available in market.
2. To study slaughtering and dressing of meat animals.
3. Study of post-mortem changes.
4. Meat cutting and handling.
5. Evaluation of meat quality.
6. Preparation of various meat products such as: Meat pickle & cured meat
7. Meat emulsion and sausage manufacture.
8. Preparation and evaluation of traditional meat products.
9. Shelf-life studies on processed meat products.
10. Slaughtering of poultry.
11. Determination of meat to bone ratio in Chicken.
12. To evaluate freshness of fish.
13. To determine meat to bone ratio of fish.
14. Dressing of fish and calculation of dressing percentage.
15. Preparation of fish products such as fish cutlets, pickle, curry.
16. Experiments in dehydration, freezing, canning, smoking and pickling of fish and meat.
17. Visit to local slaughterhouse.
18. Quality evaluation of eggs.
19. Preservation of eggs.
20. Functional properties of eggs.

Dairy Science

- Quantative estimation of milk constituents such as moisture, total solids, fat.
- Determination of acidity of milk.
- Determination of specific gravity of milk.
- Platform tests on given samples of milk.
- Determination of adulterants in milk-water, urea, starch, sucrose etc.
- Detection of preservatives in milk.
- COB test.
- Visit to local milk processing plant.
- Preparation of common milk products
- Flavoured milks.

- Yoghurt.
- Butter.
- Ice-cream.

References:

1. Outlines of Dairy Technology by S. K. De
2. Chemistry and Testing of Dairy products by H.V. Atherton & J.A. Newlander
3. Milk and dairy Product Technology by Edger Spreer.
4. Dairy Chemistry by H.H. Sommer
5. Lawre. R. A. & Ledward, D. A. (2006). Lawres Meat Science 7th Ed. Woodhead Publishing Company, Cambridge, England.
6. Throntons Meat Hygiene.
7. Principles of Meat Science by Forest.
8. Developments in Meat Science by Lawrie.
9. Processed Meats by Pearsons.

Unit – I

Food chemistry - Definition and importance. Approaches to the study of food chemistry, societal role of food chemists.

Water in foods– Water activity and shelf life of foods, moisture sorption isotherms, hysteresis.

Water solute interactions- Free water, bound water, interaction of water with ionic and non-ionic groups.

Carbohydrates–Classification, Structure and properties. Monosaccharides, Oligosaccharides and Polysaccharides, Polysaccharide Solubility, Polysaccharide Solution Viscosity and Stability, Gels, Polysaccharide Hydrolysis, starch gelatinization and retrogradation, modified starches, alginate, pectin, carageenan. Non- enzymatic browning, Factors affecting the rate of non- enzymatic browning.

Unit – II

Lipids - Classification, Structure and use of lipids in food, saturated and unsaturated fats, hydrogenation of fats.

Physical and chemical properties of lipids– Rheological properties and density. Physicochemical mechanism of lipid phase transitions.

Lipid oxidation, rancidity, factors affecting rate of oxidization, methods to measure lipid oxidization, control of rancidity. Role of antioxidants

Unit – III

Protein and amino acids – Physical and chemical properties, protein structure, forces governing stability of proteins, denaturation.

Functional properties of proteins – Protein hydration, solubility, emulsifying properties, foaming properties.

Modification of proteins– Alkylation, acylation, phosphorylation, esterification, enzymatic

Modification.

Unit IV

Pigments in foods – Heme compounds, chlorophyll, alteration of chlorophyll, preservation of chlorophyll during processing, carotenoids and their properties, anthocyanins, their properties and stability

Enzymes in foods – Papain, lipoxygenase, PPO, use of pectinase, cellulase and amylase in food industry.

References:

1. Food Chemistry by Owen R. Fennema.
2. Food Chemistry by Meyer.
3. Mechanism & Theory in Food Chemistry by Wong.
4. Food Chemistry by H. D. Belitz
5. Principles of Food Chemistry by John M. deMan